

THE KOZAK'S KORNER

Calendar of Events

December

- 1-4—MS Speech & Debate CEESA—Baku
- 2—Sec. Dance Snowcoming 7:00-11:00pm
- 3—IWCK Charity Bazaar 10:00am-5:00pm
- 5-7—Book Fair on the 2nd floor Lobby
- 6-3 y.o. Concert “Winter Smiles” 9:00am
- 7-4 y.o. Concert “Holiday is Here” 9 am
- 7—PTO Winter Holiday Celebration
- 7—PTO Board Meeting
- 7-9—Secondary Drama Musical “Shakey”
- 8-11 year old Science Fair in the KIS
Lobby 2:00-3:35 pm
- 8-5 y.o. Concert “The Nutcracker Suite”
9:00 am
- 9-6S/6C Concert “A Winter Fantasy”
9:00 am
- 13—Coffee Morning w/MS DI, Mr. Galicia
- 13—HS/MS Music Concert @ 6:00 pm in
the New Gym
- 13-2nd Quintile Ends. Narratives & Status
Reports Issued
- 14-7 y.o. Concert: December Round the
World @ 9 am in the MPR
- 14-6P/6K Concert: December Lights @
2:30 pm in the MPR



December 2, 2016



A Note from the Director



Dear Parents-

It's hard to believe that it's only two weeks away from our winter break! Things are getting busier and busier, with the PTO winter celebration in our lobby on December 7, to the school play “Shakey Squared” on Wednesday, Thursday and Friday of next week, to the middle school science fair on the afternoon of Thursday, December 8. The following week brings us winter concerts and, of course, Friday, December 16 as our last day of school.

These breaks are a good time to reflect on how things are going so far, and one way to do this is the check-in that we have for our student's academics; the end of the 2nd quintile comes up on Tuesday, 13 December. At this point, students should generally have completed 4 units in full-year courses, though this is a guideline rather than a rule; some teachers and students may be a bit ahead of that pace, some may be a bit behind. But it's a good time to see your child's progress and check in with teachers and administration if there are any problems.

Also next week, on Tuesday, 6 December, the school will have a visitor who will be working on updating our school video that is on our website [here](#). If you check it out, you'll see that many of those featured in this video are no longer with the school, so it's time to make some changes. We are informing you this simply because there will be someone in the school filming; if you have requested, through your application, that your child not be featured in photographs, then we will ensure through a review of the film that his or her image doesn't appear on this film.

Finally, I think that the snow we've received so far this year is more than we did all of last winter. Our capable maintenance staff is working overtime to ensure that buses are running, paths are clear, and hallways are clean, though at times the snow wins this battle. But with snow comes cancellations, so again we ask that you make sure your contact information is kept up to date with us so that we can notify you in case of closures or other emergencies.

We hope that you have a wonderful weekend in this winter wonderland, and we look forward to a busy and successful last two weeks before a break.

Eben Plese, KIS Director



Office Hours During Winter Break

KIS office hours During Winter
break are
**Monday—Friday 9:00 am
to 4:00 pm.**

The office will be **CLOSED** on the
following days:
**December 30th, January 2nd,
and January 6th.**
All other days it will be open.

Kyiv International School

Svyatoshinsky Provulok 3A Kyiv, Ukraine/ Phone: 452-27-92/3 Fax: 423-61-66

Email: kiev@ukr.qsi.org Website: <https://www.qsi.org/ukraine/ukr/>

Newsletter Link: <https://www.qsi.org/ukraine/ukr/student-life/newsletter/>

School Play — December 7th, 8th & 9th

Shakey Squared

Two Tragic Tales turned inside out and upside down by our very own KIS dreamatorium players.

"The PLAY is the thing!"

Watch Mmmbeth and Hamlette tussle with their tragic flaws as they play their way through this hilarious retelling of these two dark and gruesome tales.

Tickets on sale at reception!

K.I.S DREAMATORIUM PLAYERS PRESENT...



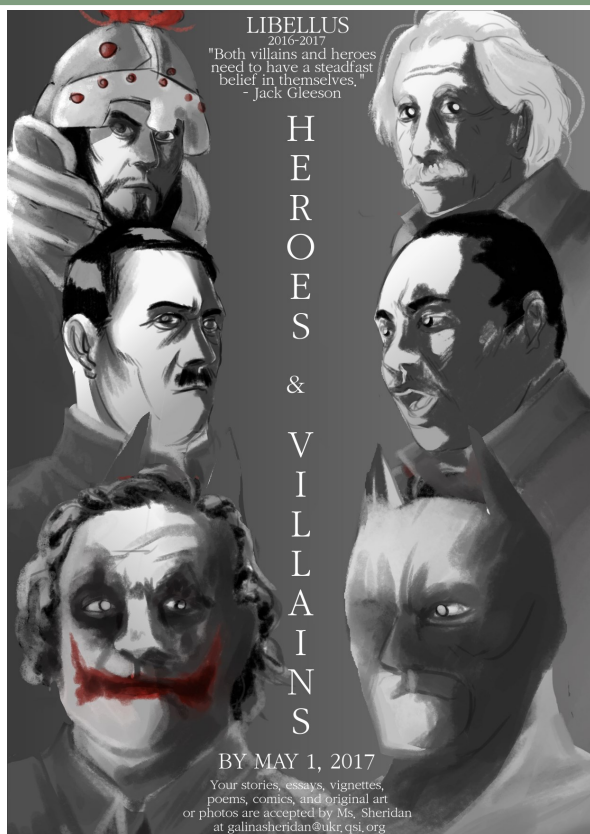
SHAKEYSQUARED

Two tales told by idiots full of ~~sound~~ dark and ~~fury~~ funny signifying ~~nothing~~ something.

December 7th . 8th . 9th
European University
16 Akademika Vernads'koho Blvd

7 PM
Tickets at Reception
Caution: Black Humor At Its Best

KIS Literary Almanac — Libellus



LIBELLUS
2016-2017
"Both villains and heroes
need to have a steadfast
belief in themselves."
- Jack Gleeson

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BY MAY 1, 2017
Your stories, essays, vignettes,
poems, comics, and original art
or photos are accepted by Ms. Sheridan
at galinasheridan@ukr.qsl.org

Attention KIS Writers:

Publish your writing, original art or photographs in the 5th issue of the KIS Literary Almanac "Libellus".

The theme is "Heroes and Villains".

Submit to Ms. Sheridan via email by April 30th.

Published authors will receive their own copy of the almanac.

Special Thanks to the Nykonorov Family

"Bringing Holiday Cheer"

Mr. Burke would like to thank Mr. and Mrs Nykonorov and 13 year old Jenny Nykonorova for their generosity, care, and compassion. Yesterday, the family donated a baby stroller for an Internally Displaced Family from the Donbas. The baby stroller is almost brand new and is in fantastic condition. What a great gift for the holiday season! Again thank you so much for making a difference in the lives of this young married couple. The baby will be born real soon!



Pre-School / Elementary School Korner

Preschool needs your help!

Christmas is definitely one of the most celebrated holidays all over the world. We all love receiving and giving presents to our family members and those we dearly love. Sharing joy and giving to those less fortunate is what defines this most wonderful time of year for many people. This month, we are talking about thankfulness in our classrooms, and we would like to give each of YOU an opportunity to show kindness to those who are less fortunate! We are collecting **toys/clothes/donations** to organize a Christmas party for children from very poor families in one of the villages in Poltava region. We will take a trip to this village during the winter break, and bring Christmas to kids there! We want to show these children they are loved and show them we care! We are expecting to have about 300 children attend this event at two different villages! Some of these children NEVER had a real Christmas because of difficult family situation, so we want to bring Christmas spirit there!

How can YOU help?

Clothes: anything you want to give away will definitely be appreciated and wanted by these kids and their families. Any age, any size – anything will make a difference! Both kids' sizes and grown-up clothing is welcome, and we will be happy to distribute it to those families

Christmas decorations/lights: let's make their world shine!:)

Toys and games: old or new, - what might look old to you will be LOVED and TREASURED by children who don't have any toys. English games are also great, and will encourage kids to learn English! They LOVE English lessons!

Money: we are planning to buy presents, sweets and food for these children, so ANY amount will be appreciated! There will be a box on reception saying "CHRISTMAS KINDNESS" – feel free to drop ANY amount! Every grivna counts!

We are also planning to set up a **Christmas Bake Sale** and proceeds will go toward this Christmas for those children! More details coming later!



There will be a **box by reception** starting next week, labeled **CHRISTMAS KINDNESS DONATIONS** where you can leave anything you want to donate! Clothes/games/toys can be brought to Ms. Zoya's class (225)

Thank you in advance for your input! We are very excited to show kindness to those who are less fortunate and be a small part of other children's happiness! ☐ For any additional information, please email Zoya Khimich at zoya-khimich@ukr.qsi.org. Happy Holidays! :)

Preschool is having **Bake Sales** all week next week to raise money for charity.

Come and enjoy delicious bake sale goodies! All proceeds are going to go toward helping less privileged families in the village.

Find us during MS and HS lunch breaks in the usual bake sale area.



Middle School Korner

MS SCIENCE FAIR

SHOWING YOU OUR FASCINATING EXPERIMENTS
TELLING YOU HOW WE DID IT
YOU MIGHT EVEN TRY IT AT HOME
AND LEARNING NEW FACTS
COME ON DECEMBER 8TH
TO THE KIS LOBBY AT 2 P.M.
DON'T MISS IT!!!
(Written by Sergiy Volvach)



WINTER CANDYGRAMS

Sold next to the
Snackbar

December 5-9, 2016

Cost: 20 UAH each



Delivered: December 12



MS STUCO PRESENTS

Holiday Hangout!

When: December 15th, from 6:00 to 8:00

Where: Cafeteria

Cost: 50 UAH



Collect your
permission slip and
buy your tickets at
Ms. Katie's office
before December
14th

PTO Korner

Letter from the President

It has been a beautiful fall, and now a sparkly white winter! The Fall Festival was a wonderful event for the whole family, and the PTO Candy Land Van and Spooky Cave were big hits with our young people. Coming up next week is the Winter Festival where all will have a chance to have a great holiday photo made and enjoy home baked cakes and cookies.

Our school liaisons Cindy, Vita, and Andrea have been busy with the Coffee mornings where teachers and parents can communicate concerns and improvements that benefit the child's experience in the school.

At our General Meeting this month, Ella Schmidt presented the School Recycling Project and the topic of computer use and technology by our children was the subject of discussion with parents, Mr. Plese and Ms. Kilby.

After winter break, the most exciting event for families is Bingo Night! fun, prizes and excitement for the whole family.

See you next week at the Winter Celebration!
Ann Ferm
PTO President



KIS PTO IS INVITING YOU TO JOIN

DECEMBER 7TH
FROM 10 AM TILL PICK UP TIME
IN KIS LOBBY

WINTER

Holiday
CELEBRATION



HOLIDAY BAZAAR!

THERE WILL BE LOCAL VENDORS SELLING DIFFERENT CRAFTS AND HOLIDAY SPIRIT ITEMS – YOU SURELY CAN FIND A NICE HOLIDAY PRESENT.

FESTIVE BAKE SALE!

THERE WILL BE HOMEMADE COOKIES AND TREATS FROM K.I.S. PARENTS TO BUY AND SAVOR, AS WELL AS POPCORN AND SNACKS.



HOLIDAY SEASON PHOTOGRAPHS

A PROFESSIONAL PHOTOGRAPHER WILL TAKE A PICTURE OF EACH PRE-SCHOOL AND ELEMENTARY CHILD DURING THE SCHOOL DAY TO REMEMBER 2016 WINTER HOLIDAY SEASON IN K.I.S. PARENTS CAN ORDER THE PICTURES AFTER THE EVENT THROUGH THEIR CLASSROOM TEACHER.

DECORATION MADE BY OUR CHILDREN

THE CHILDREN WILL ALSO MAKE THE DECORATIONS FOR THE LOBBY, AND PARENTS WILL ENJOY THE ARTS AND CRAFTS SKILLS OF OUR ELEMENTARY STUDENTS.



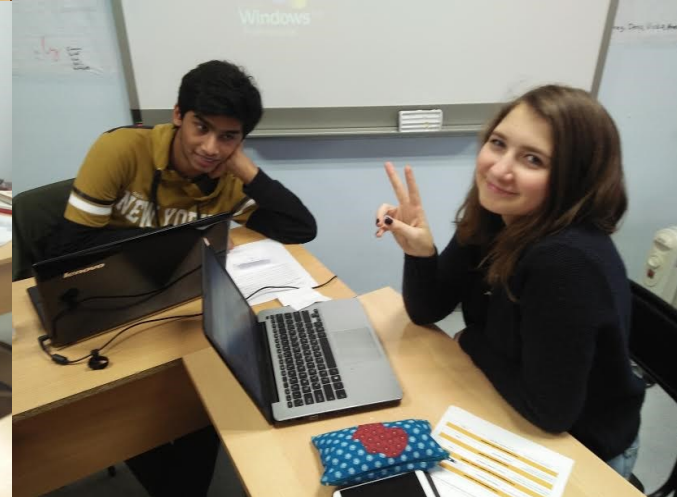
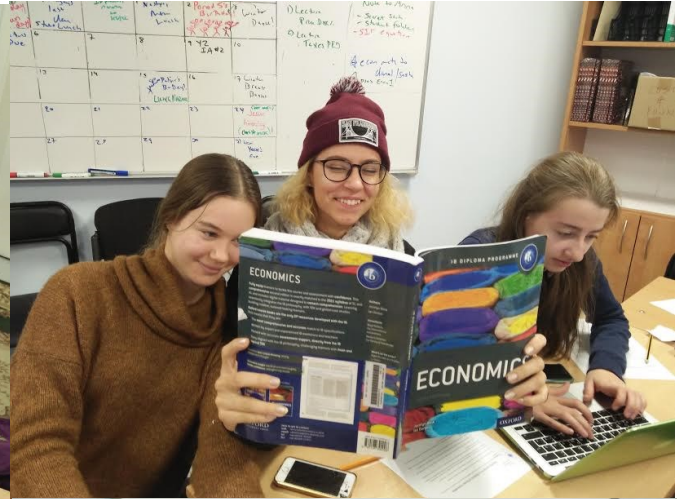
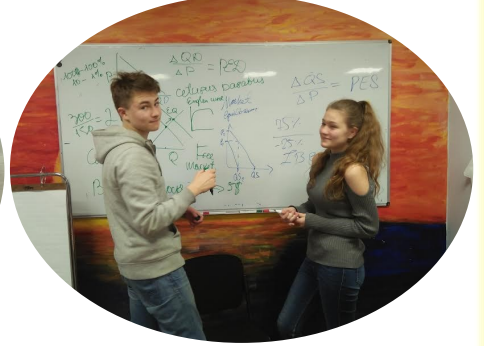
**SMALL PRESENT
FROM SANTA
FOR THE CHILDREN!**

*Looking forward to seeing you.
Holiday Greetings from KIS PTO!*

CONTACT US: WOULD YOU LIKE TO BRING FESTIVE TREATS FOR THE BAKE SALE AND/OR HELP SELLING? CONTACT NGA XU XU AT 097 821 1725. WRITE TO PTO@UKR.QSI.ORG FOR ANY QUESTIONS.

Students Learn, Teach, and Grow in IB Economics

Secondary III IB Economics students have just completed a unit on “elasticity”, or the ways in which consumption and production respond to changes in market prices. In alignment with QSI success orientations, Mr Lyons’ IB Economics classes place a lot of emphasis on student initiative, responsibility, self-direction, and cooperation in learning. For the elasticity unit, students worked in pairs and groups to first develop a basic mastery of the related skills and concepts. They then taught their peers through class presentations and sit-down discussions. Throughout this process Mr Lyons served primarily as a guide or “facilitator”, becoming involved in the activity only as needed for clarification, or to help organize and focus the learning process. Assessment was then embedded in the student-driven learning activities or aligned with the those activities after completion. Students seem to genuinely grow from and enjoy opportunities to take ownership of their learning!



MS and HS Music Concert December 13th

Dear Parents,

It is winter concert time! Your children have been working diligently to prepare for our performance. The beginning wind ensembles will present "Winter Fun," a wide range of musical performances that will satisfy everyone's tastes. So please mark your calendars because you and your family and friends are all invited to this spectacular event.



Who: Middle and High School Ensembles

Date: Tuesday, December 13, 2016

Time: 6:00 pm

Where: The New Gym - KIS



All music enrolled students must stay after school on Tuesday, December 13th to get their instrument(s) ready and have a final dress rehearsal. The music department and KIS staff will provide all the support necessary to ensure all students work together as a group/team, are present, all instruments are ready, students are warmed up both individually and in sections, dressed properly and eat a small dinner. (Food options are below)

Mandatory Rehearsals

- Friday, Dec. 9th- **Level 13 Students**- After-school
- Monday, Dec. 12th- **Level 12 Students**- After-school
- **Level 11 Students** will rehearsal during school hours. *Last Bus will be available for bus riders*

What to Wear (Concert Attire)

All students must wear dark pants/dresses, a nice button-up or collared shirt and nice dark dress shoes.

What NOT to Wear:

Any type of jeans, bright color pants, sneakers, bright color sport shoes.

Food Options:

- Order Pizza (*Mr.A will collect the money, and place an order that morning of the concert to be delivered after school*) **OR**
- Students will bring their meal from home **OR**
- Students can bring money to buy food from snack bar at the school.

We cannot wait to see you! And as always, please feel free to contact us if you have any questions or concerns. We wish you all a happy winter vacation, and thank you for your support and encouragement. It is highly appreciated. We could not do it without you!

Thank you,
Ventzi Assenov





Dear teachers, students and parents,

With Christmas just around the corner, Dinternal Books is pleased to remind you about our longstanding tradition of holding a Christmas book fair at Kiev International School.

As ever, we will have a huge range of books on offer. New encyclopedia editions, the latest best sellers for teenagers, chapter books and board books for younger readers will all be available to buy. We're also bringing a wide range of crime fiction novels and the newest film tie-ins for teachers and parents.

The titles we are bringing include the latest release of the Wimpy Kid, 'Double Down (Diary of a Wimpy Kid Book 11)', the 'Miss Peregrine's Home for Peculiar Children' series and last but not least the exciting new Harry Potter book, 'Harry Potter and the Cursed Child'.

We would like to remind you that we are unable to put any books aside for later purchase due to the limited number of copies available so please bring your purse with you on the day.

The book fair will be held from 5th to 7th December on the second floor hallway of KIS main building from 8 am to 4-30 pm.

Our team can't wait to see you all. Don't forget to visit and grab your very special book!

*Best Regards,
Your Pearson Dinternal Team*

IWCK Charity Bazaar

Dear teachers, parents and students,

IWCK would like to invite you to the 24th Charity Bazaar.

WHEN: December 3, 2016 ~ Saturday

What time: 10am-5pm

International Women's Club of Kyiv is organizing a Charity Bazaar in order to raise money for those in need in Ukraine. ALL REVENUES from this charity event would go to orphans, elderly people, disabled kids and others.

This year we have more space: **three floors at NSC Olimpiyskiy for IWCK Charity Bazaar!**

The traditional set up of the event:

- **40 Embassies** based in Kyiv will be selling national and handmade products, national drinks and dishes
- Bazaar will be accompanied by the **cultural program**: music and dances from all over the world; football games, barman shows, dance workshops;
- Kids will have the chance to explore various craft workshops and traditional games at the **Kid's Corner**;
- Visitors can try good luck at **Grand Raffle/Tombola** and win valuable prizes as airline tickets, gift certificates for restaurants and hotels, embassy baskets...
- Second hand clothes as well as home appliances, electronic gadgets, books and many more.

We would like to thank to all teachers, students and moms from KIS who are volunteering at our Charity Bazaar, and also for the support of KIS with the flag parade!

We will be selling the tickets at the KIS reception on November 29th and December 1st.

The entrance fee:
80 UAH adults, 20 UAH for pensioners and kids 6-18 years
VIP ticket for 2 persons: 350 UAH - allows you to come earlier from 9.15 and see the Official Opening with Embassies.



The poster features a light blue background with snowflake patterns. At the top center is the IWCK logo, which consists of three stylized human figures in red, yellow, and blue, with the text 'IWCK International Women's Club of Kyiv' below them. The main title '24th Charity Bazaar' is written in a large, dark blue font, followed by its Ukrainian equivalent '24-й Благодійний Ярмарок'. Below the title, the date and location are specified: 'December 3rd, 2016; NSC «Olimpiyskiy» St. Velyka Vasylkivska 55; From 10.00 to 17.00'. Ticket information is provided: 'Ticket donation: adults 80 UAH; children 6-18 y.o., senior citizens: 20 UAH; children under 6 y.o., disabled, veterans: free'. A note states 'A document confirming your right to a discount is required'. The Ukrainian version of the text is also included: '3 грудня 2016 року; НСК «Олімпійський» вул. Велика Васильківська 55; години роботи: з 10.00 до 17.00. Благодійний внесок за квиток: дорослі - 80грн; діти від 6 до 18р., пенсіонери - 20грн; діти до 6 років, люди з обмеженими можливостями, ветерани - безкоштовно. Документ, що підтверджує право на знижку є необхідним.' At the bottom of the poster, there is an illustration of a bazaar with several stalls under a string of colorful flags. Below this illustration, the 'GENERAL SPONSORS' and 'MEDIA PARTNERS' are listed with their respective logos.

GENERAL SPONSORS: METRO, LAFARGE, LAFARGEHolcim (A member of), АІС ОЛІМПІЙСЬКИЙ

MEDIA PARTNERS: Ipython, CREDIT AGRICOLE, AMERICAN MEDICAL CENTERS, АІС ОЛІМПІЙСЬКИЙ, TURKISH AIRLINES, день KyivPost, hromadske.ua, МРАДА

Other logos: MULTI, PHILIPS, Henkel, L'OREAL, Japanese Enterprise Club in Ukraine, ControlPay, BAYER, СВРОНЕЙСЬКА ПРАВА

Classifieds

Welcome to Oda Radosti School of Music Aesthetic! Individual and group classes in piano, guitar, percussion, singing and dancing. Sign up: [+38 067 507 05 38](tel:+380675070538).

Piano Lessons - for children and adults. 30 year Experience from 5 year and.. Contact: [+ 380 50 6145017](tel:+380506145017), e-mail: vshtepa@online.ua

Car for Sales. Expat leaving and selling Mitsubishi Outlander 4x4 2.0 petrol 2013 Automatic, Silver, full Mitsubishi service history, 1st owner, low mileage (50 000 km). 2 sets of tires, accident-free. Excellent conditions. 19500 USD Call: 067 444 9704

Dance Lessons @ KIS. All boys and girls 5-8 years old who love to dance are invited for a fun lesson every Monday and Wednesday after school at 15:40-16:20, in the Multi-Purpose Room. Nadia 0956876930

Puppies available: Dog Shelter at Pirogova Open Air Museum ("Museum of Architecture") has lovely puppies 4-6 months old, fully vaccinated. Please call: Marina, [+38 050 728 68 84](tel:+380507286884).

Cleaning Lady Available. Responsible and accurate. I have experience and some references. I speak English. Oxana 096 392 41 42.

Nanny/Babysitter/Substitute Nanny for kids 2+,Tutor. Cook/ Housekeeper/Substitute Cleaning lady if needed. I have almost 10 years of experience working for expat's families. I am a responsible, reliable, kind and positive person. Will be happy to explore museums, historical sites, opera-house, etc. with your kids. Can also take care of your pets and plants. I speak Ukrainian, Russian and fluent English. University degree. Full or part time job is considered. References upon request. Please contact me by e-mail: ovi55@ukr.net or phone : 093 862 66 32. Olga

Experienced tutor for elementary and middle school students Available. Familiar with the QSI Curriculum. . Please call 063 563 8090

Housekeeper Available. Reliable, trustworthy, hardworking. Will help with anything that needs to be done. Fluent in English, Russian and Ukrainian. Has experience working with KIS Families. Please contact Natasha directly: 096-960-1797 or 066-133-6473

Family driver is looking for a job. I have 13 years of experience, including 5 years as family driver. Responsible, punctual, know the city well. I have a recommendation letter. Languages: Russian, Ukrainian, and basic English. My cell phone number is 0984685350.

Our excellent housekeeper Ludmila is looking for additional work. She does every household task with great care and precision. Her personal qualities as punctuality, honesty, and cheerfulness are unmatched. Please contact her at 044 403-3114 or call Ann Ferm at 093 434 1132 and I will ask her to contact you.

Driver Available. I have a car (Ford Focus). Daniel 063 7669666.

Housekeeper. Oksana 0992229753

BE LIKE A LOCAL! Study Russian or Ukrainian as a foreign language in Kyiv (near metro Nyvky). Kyiv's school Slavic Education Center offers private and group lessons of Russian and Ukrainian language. Our tutors can provide lessons at your place or at our school which is located near metro Nyvky 45a, Scherbakova, Str. We provide an individual program based on your language learning goals. We will find you a convenient training schedule as well as a group that corresponds to your language level. For more information please check our website - <http://slavic-edu.com/en/> or contact us [+38 \(066\) 765-22-67](tel:+380667652267)

Babysitter/Housekeeper is available. Professional, responsible and trustworthy. Great with kids of all ages! Also can help with housekeeping (grocery shopping, cooking, cleaning, laundry, ironing). She has several years of experience. She speaks Russian and Ukrainian. English translation is possible. Contact Tatyana at 098-432-1500.

Four bedroom apartment on 9, Reitarska Street. The apartment of some 176 m2 located on the 1st floor of an historic, Tsarist-era building without elevator. This bright apartment is completely renovated. It comprises six rooms: four bedrooms, en-suite living/dining rooms good for receptions, separate kitchen fully equipped, two bathrooms. The entrance to the building and wide common staircase have also been freshly renovated. Asking rent price: 4,500 USD per month. Please email: ladah@joneeast8.com.ua or call 050 441 91 80 for pictures: http://fn.ua/view.php?ad_id=9907549

Best Nanny ever available! We are leaving Kiev, so Ira, who has worked for us for more than two years, is available for babysitting and cleaning work. She is a very hard-working woman and has a positive, cheerful attitude. She always found age-appropriate activities for the girls (3 and 5 y.o), who love her very much. She also speaks basic English, so understanding each other was never a problem. She always knew what to do, while doing cleaning/laundry etc. even without me telling her. She has been working for KIS families for several years, she is honest, reliable, bakes delicious cookies - I would take her with us to our next assignment if I could! Call Ira directly on [+380 63 607 0507](tel:+380636070507)

Four bedroom apartment on 4 Ivana Franka. English architect designed 230 m2 modern unfurnished apartment located in the very core of the city. The property comprises four bedrooms, large reception/dining, two balconies and loggia. Three bathrooms (master bedroom en-suite). Fully equipped kitchen. Extensive storage space. Clean secure entrance. The building has fenced-in front and rear yards. Tenants (employees of Embassies and multinationals) enjoy shared use of a back garden with outdoor heated swimming pool. Asking rent price: 6,000 USD per month. Please email: ladah@joneeast8.com.ua<applewebdata://519DE508-8656-4242-912A-AA5AF6B5E209/ +38 050 441 91 80 for pictures: http://fn.ua/view.php?ad_id=9911586



If you are part of the KIS community and would like to contribute a short article (60 words or less) without pictures (in English ONLY) to upcoming newsletters, please contact Katie Sobko at: newsletter@ukr.qsi.org. Or call the school office at 452-27-92/3. Please make sure that your ad is sent no later than Tuesday 12:00 pm. Anything later than that will be included in Next week's newsletter. All ads need to be in English!!! (Times New Roman, size 9). If you wish for your ad to be repeated, please send me an e-mail with the full ad every time/week. Thank you for understanding.



Do you know that... If the child is absent you can cancel that day's lunch by informing Cafeteria Administration before 9 am on +38 044 452 29 97, +38 050 311 71 87. In that case we make recalculation of your lunch payment. Please note that this rule applies only for monthly subscription. Be bright, eat right!

Breakfast 7:45 to 10:00	1'st Snack (first break)	Lunch 10:50 to 14:00							2'd Snack (second break)	PRESCHOOL		
		MENU 1	MENU 2	DIET	FISH & VEGETARIAN MENU	SALAD BAR MENU	Set Menu	Breakfast 9:00		LUNCH 12:00 to 12:40	2'd Snack 14:30	
2d School Week of the Month												
MONDAY												
										1198kcal		
Muesli & Yoqurt	Cheese Sandwich	Chicken BBQ	Goulyash	Beef Cutlet	Fish with Special Sauce	Tomatoes Cucumbers Assortment of Green Salads	Chicken BBQ (80qr)	Baquette	Yoqurt Fantasy	Beef Cutlet	Vanilla Sponge Cake	
Ham & Cheese Bread & Buns & Pancakes	Yoqurt	Mexican Rice	Penne Riqate	Barley Porridge	Ravioli with Cheese	Stemmed Vegetables	Rice Beet Sticks + Corn	Soft Cheese	Apple	Penne Riqate	Juice	
Omelet & Eggs	Cherry Tomatoes	Bulgarian Sopsky Salad	Pickled Cabbage Salad	Four Seasons Soup	Grilled Vegetables	Four Seasons Soup	Fruit	Tomatoes	Carrots	Tomatoes	Four Seasons Soup	
Fruits	Plums	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Lettuce	Grapes	White Bread		
Vegetables	Apple	Green tea with Lemon	Juice	Compote	Compote	Beet Sticks	Water	Juice		Compote		
Juices & Tea	Berries	Vanilla Sponge Cake	Yoghurt	Fruit	Vanilla Sponge Cake	Corn						
										243kcal	622kcal	333kcal
TUESDAY												
										1279kcal		
Muesli & Yoqurt	Muesli	Chicken Brochette	Sausages	Baked Turkey Breast	Wisconsin Fish	Tomatoes Cucumbers of Green Salads	Chicken Brochette (80qr)	Pizza	CheeseCake	Baked Turkey Breast	Waffles with Jam	
Ham & Cheese Bread & Buns & Pancakes	Milk	Couscous	Mashed Potatoes	Wheat Porridge "Artek"	Cabbage Crepes	Scrambled Eggs	Mashed Potatoes	Cucumber	Fruits/Grapes	Mashed Potatoes	Hibiscus Tea	
Omelet & Eggs	Fruits	Pasta Salad	Carrots With Raisins	Steamed Vegetables	Grilled Vegetables	Black Olives	Carrots	Pepper		Cucumbers+ Egg		
Fruits	Nuts	Peas Soup	Buckwheat Soup	Buckwheat Soup	Buckwheat Soup	White Bread	Fruit	an Apple		Buckwheat Soup		
Vegetables	Water	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Bonaqua 0,5		Compote	Wholemeal bread with seeds	
Juices & Tea		Hibiscus Tea	Juice	Compote	Compote	Carrots	Water					
		Waffles with Jam	Yoghurt	Fruit	Waffles with Jam	Corn						
										344kcal	595kcal	340kcal
WEDNESDAY												
										1410kcal		
Muesli & Yoqurt	Croissant with Cheese	Lasana	Lula - Kebab	Boiled Chicken	Fish fingers with Tar-tar Sauce	Tomatoes Cucumbers Assortment of Green Salads	Lula - Kebab (80qr)	Peach	Oatmeal Cookies	Lula - Kebab	Cheesecake	
Ham & Cheese Bread & Buns & Pancakes	Yoqurt Jivinka		Provincial Potatoes	Rice	Vegetarian Lasana	Cheese Sweet Pepper	Provincial Potatoes	Cornflax	Apple	Provincial Potatoes Steamed Broccoli+ Corn	Fruit Tea	
Omelet & Eggs	Grapes	Italian Salad	Salad Stolichniv	Steamed Vegetables	Grilled Vegetables	Green Salad	Green Salad	Activia 290ml	Carrots	Vegetable Soup		
Fruits	Tomatoes	Kharcho Soup	Vegetable Soup	Vegetable Soup	Vegetable Soup	White Bread	Fruit	Bonaqua 0,5		White Bread		
Vegetables	Pepper	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread			Compote		
Juices & Tea	Water	Fruits Tea	Juice	Compote	Fruit Tea	Broccoli	Water					
		Cheesecake	Fruit, Yoghurt	Fruit	Cheesecake	Corn						
										398kcal	688kcal	324kcal
THURSDAY												
										1180kcal		
Muesli & Yoqurt	Chicken Sandwich	Chicken crouton Lollipops	Sweet & Sour Beef	Steamed Meat Beef	Milanese Fish	Tomatoes Cucumbers Assortment of Green Salads	Steamed Meat Balls (veal) (80qr)	Cheese President	Toast with Cheese	Chicken crouton Lollipops	Pie with Fruits	
Ham & Cheese Bread & Buns & Pancakes	Cucumbers	Fussily	Rice	Buckwheat	Vareniki with Potatoes	Stemmed Vegetables	Rice	Wholemeal bread with seeds	Apple	Rice	Tea with Lemon	
Omelet & Eggs	Pepper	Mixed Salad	Korean carrots	Steamed Vegetables	Grilled Vegetables	Eggs	Green Peas	Cherry Tomatoes	Carrots	Paprika + Eqq Potatoes cream Soup		
Fruits	an Apple	Potatoes cream Soup	Clear Chicken Soup	Clear Chicken Soup	Potatoes cream Soup	Red Beans	Fruit	Green Salad	Paprika			
Vegetables	Carrots	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	White Bread	Pear		White Bread		
Juices & Tea	Bonaqua 0,5	Chamomile Tea	Lemonade	Compote	Tea with Lemon	Green Peas Cabbage Carrots Corn	Water	Bonaqua 0,5		Compote		
		Pie with Fruits	Fruit, Yoghurt	Fruit	Pie with Fruits							
										245kcal	720kcal	215kcal
HAPPY FRIDAY												
										1186kcal		
Muesli & Yoqurt	Sponge Cake with Apple	Chicken Nuqquets	Cheeseburger	Baked Chicken Breast	Fish Balls	Tomatoes Cucumbers Assortment of Green Salads	Baked Turkey Breast (80qr)	Cottage Cheese Pancakes	Yoqurt Actimel	Chicken Nuqquets	Muffin	
Ham & Cheese Bread & Buns & Pancakes	Actimel	Pasta Al-Pesto	French Fries	Rice	Eggplants with Carrots	Stemmed Vegetables	Buckwheat	Jam	Apple	Farfalle	Fruit Tea	
Omelet & Eggs	Pear	Green Salad with Pomegranate	Salad Starokievskiy	Steamed Vegetables	Grilled Vegetables	Eggs	Red Cabbage Salad + Eqq	Grapes	Carrots/Eqqs	Cucumbers+ Carrots + Salad		
Fruits	Cucumbers	Borsch	Home-made Noodle Soup	Home-made Noodle Soup	Borsch	Onion	Fruit	Yogurt Jivinka	Pear	Borsch		
Vegetables	Bonaqua 0,5	White Bread	Wholemeal bread with seeds	Wholemeal bread with seeds	White Bread	Celery	Wholemeal bread with seeds	Bonaqua 0,5		White Bread		
Juices & Tea		Earl Gray Tea with Lemon	Lemonade	Compote	Fruit Tea	Red Cabbage Beet Sticks	Water			Lemonade		
		Meringues	Fruit, Yoghurt	Fruit	Meringues	Corn						
										191kcal	822kcal	173kcal